### R-Value Per Thickness / Density (Measured @ 75° F Mean Temperature)

<table>
<thead>
<tr>
<th></th>
<th>1/2&quot;</th>
<th>3/4&quot;</th>
<th>1&quot;</th>
<th>1 1/2&quot;</th>
<th>2&quot;</th>
<th>2 1/2&quot;</th>
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</thead>
<tbody>
<tr>
<td>DuraSpec 100 (1.00#)</td>
<td>1.93</td>
<td>2.89</td>
<td>3.85</td>
<td>5.78</td>
<td>7.70</td>
<td>9.63</td>
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<tr>
<td>DuraSpec 125 (1.25#)</td>
<td>1.96</td>
<td>2.94</td>
<td>3.92</td>
<td>5.88</td>
<td>7.84</td>
<td>9.80</td>
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<tr>
<td>DuraSpec 150 (1.50#)</td>
<td>2.09</td>
<td>3.13</td>
<td>4.17</td>
<td>6.26</td>
<td>8.34</td>
<td>10.43</td>
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<tr>
<td>DuraSpec 200 (2.00#)</td>
<td>2.18</td>
<td>3.26</td>
<td>4.35</td>
<td>6.53</td>
<td>8.60</td>
<td>10.88</td>
</tr>
</tbody>
</table>

**READ THIS BEFORE YOU BUY**

**WHAT YOU SHOULD KNOW ABOUT R-VALUES**

The chart shows R-value of this insulation. R means resistance to heat flow. The higher the R-value, the greater the insulation power. Compare insulation R-value before you buy.

There are other factors to consider. The amount of insulation you need depends mainly on the climate you live in. Also, your fuel savings from insulation will depend on the climate, the type and size of your house, the amount of insulation already in your house, your fuel use patterns and family size. If you buy too much insulation, it will cost you more than what you'll save on fuel.

To obtain the market R-value, it is essential that insulation be installed properly. If you do it yourself, get instructions and follow them carefully. Instructions for this product are supplied on the other side of this sheet.

Combustible: Protect from flame and other high heat sources. For further information, consult product MSDS sheets and/or call 1-800-669-1176

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plymouth foam BUILDING MATERIALS

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INSTRUCTIONS ON REVERSE SIDE
READ ALL INSTRUCTIONS COMPLETELY BEFORE INSTALLATION.

Your Garage Door Kit Panels are 20" high x 54" wide x 1.25" thick.

1. Measure each of the door panel sections before you start cutting; panel sizes vary. (“Measurement” photo)
2. Record the Height (vertical opening, usually between 17" and 24") and the Width (horizontal dimension between the vertical reinforcements for each panel).
3. Start with the panels that are 20" high or less. These are frequently the center panels of your door. Cut the panel to size carefully, with a straight-edge. (“Cut” photo)
4. Before you cut the width (left-to-right) dimension, determine if a portion of the panel will fit behind a vertical reinforcing channel. If that is the case, you should cut that (smaller) portion first and put it in place before you cut and install the larger portion of the panel. (“Insert” photo)
5. To install, white surface will face towards you, place the foam panel into the lower lip of the door channel and flex it into position starting with one of the corners. (“Flex” photo)
6. Repeat these steps for each of the door sections, working from the center to the top and bottom of the door.
7. Repairs or splices can be done using clear sealing tape or metallized tape available from your retailer.

Care & Cleaning

1. When installed correctly, your Garage Door Insulation Kit is designed to provide years of quiet, reliable energy savings.
2. When cleaning the surface, we suggest that you use a damp cloth or a mild soap and water solution; NO SOLVENTS should be used.